

AMBULATORY EEG RECORDINGS

PATIENT INSTRUCTIONS FOR SELF DISCONNECTING FROM EQUIPMENT

ELECTRODE REMOVAL

1. It is helpful if you have someone help you with this process. If at any time you need help or have a question, please call (866) 682-4700 to reach technical support.
2. Lift the gauze strap up from under your chin. The gauze should pull off your head easily. Once loose, the amplifier (box which electrodes connect to) will dangle. **DO NOT CUT OFF WITH SCISSORS.**
3. The electrodes, which are covered with white gauze, have been applied with an adhesive.
4. You have been given a small container of remover, which will remove the adhesive. The remover may drip, so you may want to have a towel around your shoulders and a washcloth to hold over your eyes. **Do not get the remover on any wood surfaces as it may damage the finish.**
5. Starting with the back of your head, moisten the gauze pad with a cotton ball soaked with the remover to soften the adhesive. Allow it to soak for a few minutes before gently removing the electrode. Excessive rubbing should not be required.
6. Take extra care when removing the frontal electrodes to avoid getting the solution in your eyes. **(If you should happen to get the remover in your eyes, please flush your eyes with copious amounts of water.)** It is best to place your head backward and to hold a towel over your eyes. Once all electrodes have been removed, place them with the equipment for return to the lab.
7. Wash your hair. Often it is helpful to use a conditioner first and leave the conditioner in your hair for 2-3 minutes. Then gently work a wide tooth comb through your hair, loosening and removing the adhesive as you go. Next rinse and use a shampoo and conditioner as you would normally. Should you still have adhesive residue in your hair you should repeat the process.
8. Another option to remove the adhesive is to use baby oil. We recommend thoroughly lathering your hair with baby oil, letting it soak for 15-30 minutes. Next gently work a wide tooth comb through your hair, which will loosen and remove adhesive as you go. Repeat if necessary.
9. When sending the unit back with UPS, please use heavy duty tape to seal the package. If you do not have any, a technician will supply you with some.

For Technical Support please contact (866) 682-4700 or visit our website at www.aereeg.com